



Tips for TIs

Thank you for reaching out to us. We have compiled a list of suggestions to assist you in coping, educating, and protecting yourself against the crimes being committed against countless individuals in our country and worldwide. Our commitment, alongside our board members, is to expose these crimes, provide support to targeted individuals, and advocate for policies and investigations that promote freedom for all.

Subscribe to the Targeted Justice Newsletter for a wealth of knowledge. Access invaluable teaching tools on understanding these crimes by clicking the link to register @ <https://targetedjustice.substack.com/> .

Register to have your name searched for in the Terrorist Screening Database.

In our current lawsuit, Targeted Justice v. Garland, we are seeking from the court access to the TSDB's Handling Codes 3 & 4, the categories that contain the names of the human experimentation subjects of the 'Program'. If you would like to have your name searched, you can do so @ <https://targetedjustice.com/register.html> .

Become a member of Targeted Justice. Please note, registering for the TSDB Search and becoming a member are two separate things. When you register for the lawsuit, you are giving us permission to submit your name in court. Becoming a member, simply means that you support our efforts. Members do not have to be Targeted Individuals, they can also be family members and loved ones. We do not charge for membership, but donations are always welcome and appreciated. Fill out a questionnaire to become a member of Targeted Justice @ <https://www.targetedjustice.com/become-a-member.html> .

Participate in our regular conference calls held four times a week, where we conduct enlightening interviews, share valuable information, collaborate on activism projects, offer various forms of support, and provide a platform for you to express your thoughts, experiences, and emotions. These calls are a safe space where we can share, listen, and help one another.

****Mondays: Victory through V2K****

Host: Melody | 9:30-10:30 pm EST | 📞: 605-472-5194, Code: 5927390#

Online: <https://www.freeconferencecall.com/wall/victorythroughv2k>

****Tuesdays: GoGi's After Dinner J.A.M.****

8:30 pm EST | 📞: 605-313-4497, Code: 2832692#

Online: <https://www.freeconferencecall.com/wall/gogi210>

****Thursdays: Devin's TI Support Call****

10 pm EST | ☎: 727-731-3453

Online: <https://www.freeconferencecall.com/wall/tisupportgroup>

****Saturdays (AU): Targeted Justice Australia****

12 pm AEST, 11 am QLD, 11:30 am ACST, 10:30 am NT, 9 am AWST

☎: (02)4022-9113, Code: 4647797# | Online: <https://www.freeconferencecall.com/wall/tiaustralasia>

Note: For Asia-Pacific Region

Please Note: Discover additional TI Conference Calls and Events at <https://tievents.org/>

Connect with Local TI Support: Reach out to a Targeted Justice state support contact in your area. Find your state's contact by clicking the following link. <https://www.targetedjustice.com/contact--organizations.html>

Shielding Tips

-Build a Water Shielding Box to protect against Directed Energy Weapons (DEW). TJ conceived of this water box to shield TIs heads from some of the microwave attacks since water absorbs microwaves. Learn how to make your own box @ <https://www.targetedjustice.com/water-shielding.html> .

-V2K Signal Jammer: <https://www.targetedjustice.com/signal-jammer.html> .

-Minimize V2K by listening to the Anti-Tinnitus CD, designed by electronic engineer Dave Case. All that is required is to pay shipping @ <https://antitinnitusv2k.com/> .

-Bone Conduction Headsets like AfterShokz can be used to minimize V2K. Most Tis find relief pairing these with Binaural Beats. Purchase a pair @ <https://shokz.com/> .

-Tensor Rings are twisted copper wires that act as super conductors and neutralize magnetic fields. Learn how to make one @ <https://www.dancingwithwater.com/rings-and-tensor-fields/> .

-Strengthen Your Mindset - Use the affirmation 'I will only react to constructive suggestions' from [Richard Lighthouse's e-book](#) to boost mental resilience. Repeat it at bedtime or when feeling fearful.

Privacy & Security Tips

Please note that the following tips provide only a glimpse into the protective measures for targeted individuals. For a more extensive list of recommendations, we encourage you to visit the Targeted Justice website at <https://www.targetedjustice.com/tips.html> .

-Consider taping cameras on your devices to make visual surveillance more difficult and removing the battery from your cell phone when it's not in use.

-Purchase Faraday bags for your phones and key fobs—a smart choice to protect your devices from unwanted electronic access and potential security breaches.

-Choose wired internet connections over Wi-Fi and unplug your smart TVs when not in use.

-Encrypted Email: Enhance your email security by opting for services like Tutanota, ProtonMail, StartMail, or others that offer robust encryption, including PGP (Pretty Good Privacy), to safeguard your messages and data."

-Secure Your Windows & Doors Properly - Watch this video for a demonstration @ <https://www.targetedjustice.com/secure-your-doors--windows.html> .

Education

Helpful Information To Know:

- [What is a Targeted Individual?](#)
- [Key Evidence](#)
- [List of CIA Mind Control Patents](#)
- [SCALAR Weapons and Weaponized Cell Towers](#)

Educational Videos:

- [Securing Your Doors and Windows](#)
- [Signal Analyzers, Schriever Base, and Weaponized Cell Towers](#)
- TJ v. Garland Podcast on [YouTube](#) and [Spotify](#)
- Targeted Justice on [YouTube](#)

Here's a curated list of books for Targeted Individuals to understand and navigate their experiences:

- **GoGi's 10 Signs Which Indicate You're a Targeted Individual** by GoGi Justice
[Purchase on the TJ Etsy Shop](#) or [Purchase on Amazon](#)
- **Guinea Pigs: Technologies of Control** by Dr. John Hall, M.D.
[Purchase on Amazon](#)
- **Surviving and Thriving as a Targeted Individual: How to Beat Covert Surveillance, Gang Stalking, and Harassment** by Cathy Meadows
[Purchase on Amazon](#)
- **Diary of an Angry Targeted Individual: Mind Invasive Technology (Mind Control Technology Book Series)** by Renee Pittman
[Purchase on Amazon](#)

Activism

TI Activism Spotlight: Discover ongoing TI activism initiatives and unite with passionate individuals to make a significant positive impact! For more information and a list of current initiatives, visit the "GoGi's Jam Post Meeting Notes" and "Urgent Action Needed" sections @ <https://tievents.org/> .

The Cell Tower Movement: The weaponized cell towers are harming Targeted Individuals, help us expose them by sending cease and desist letters, read more @ https://open.substack.com/pub/targetedjustice/p/the-cell-tower-movement?r=10495m&utm_campaign=post&utm_medium=web .

Write an Affidavit: An affidavit is a document of your credentials and documents your targeting, that can be used in court to prove a case. We would like to collect as many as possible from Targeted Justice members. View the instructions and template listed @ <https://www.targetedjustice.com/affidavits.html> .

Send in a Video Testimony, let your voice and story be heard @ <https://www.targetedjustice.com/video-testimonies.html> .

Pass out handouts and flyers in your local area to raise awareness @ <https://www.targetedjustice.com/handouts--flyers.html> .

Request your private records and send in FOIA requests to the DOJ, DHS and FBI @ <https://www.targetedjustice.com/new-foia-activism.html> .

View other recommendations we have on how to fight back @ https://open.substack.com/pub/targetedjustice/p/how-to-fight-back?r=10495m&utm_campaign=post&utm_medium=web .

Documentation

Signal Analyzers can be used to detect frequencies being directed at you @ <https://targetedjustice.substack.com/p/what-is-a-signal-analyzer> .

Document, Document, Document! Quality journaling is crucial as it provides essential evidence for when we have our day in court, as noted by Attorney Ana Toledo, making it the strongest mechanism for evidence.

We hope this list of resources has been able to provide valuable insights and knowledge to empower you.

****Disclaimer:** Targeted Justice is not a legal or medical firm. Please consult a lawyer or doctor for appropriate advice. Please read our disclaimers at the bottom of our Home Page – [TargetedJustice.com](https://www.targetedjustice.com). All of our communications - email, phone, website, interviews, etc. are opinions and protected as Free Speech. See Brandenburg v. Ohio. We cannot guarantee any outcome for a lawsuit. If you are considering suicide, please dial 9-8-8.**

If we have helped you, please consider making a donation:

<https://www.patreon.com/TargetedJustice>